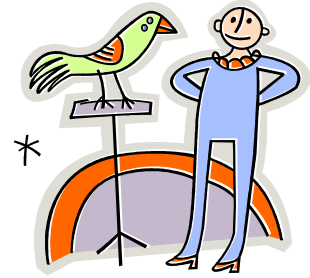





Charter Day School
 Lower school menu will consist of
 Choice:
 1 Entrée, 1 Vegetable, 1 Fruit & Dessert
 Choice of Milk or Water



~ September 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Corn Puppies Lima Beans Fresh Melon Dessert Bottle Water	2 Grilled Chicken Green Beans Banana Dessert Milk	3 Quesadilla Carrots Apple Dessert Bottle Water	4 Cheese Ravioli Side Salad Applesauce Dessert Choc Milk	5	6
7	8 Cheeseburger Green Beans Sliced Oranges Dessert Bottle Water	9 Chicken Nuggets Corn Apple Sauce Dessert Milk	10 Teriyaki LoMein Baby Carrots Banana Dessert Bottle Water	11 Beef Stroganoff Broccoli Fresh Melon Dessert Choc Milk	12	13 
14	15 Philly Cheese Steak Peas Apple Dessert Bottle Water	16 Chicken Quesadilla Rice Banana Dessert Milk	17 Chicken Fried Rice Carrots Applesauce Dessert Bottle Water	18 Spaghetti w/Meat Sauce Green Beans Sliced Oranges Dessert Choc Milk	19	20
21	22 Hot Dog Cheesy Potatoes Banana Dessert Bottle Water	23 Chicken Filet Green Beans Applesauce Dessert Milk	24 Bean & Cheese Burrito White Rice Sliced Oranges Dessert Bottle Water	25 Macaroni & Cheese Peas Fresh Melon Dessert Choc Milk	26	27
28	29 Chicken Tenders Carrots Fresh Melon Dessert Bottle Water	30 Turkey Sub Baby Carrots Apple Dessert Milk		